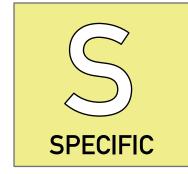
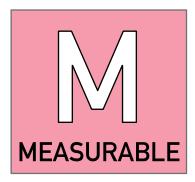
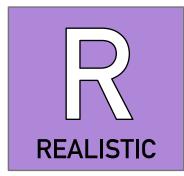
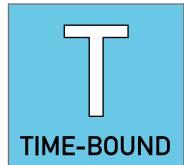
Smart Goals Worksheet











What do you actually want to achieve?	

How will you know you have achieved it?
h

Is it attainable? Is it
something that can
actually happen?

	honest! realistic	?

When do you want to
accomoplish this? What is your deadline?

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Name:	
Date:	